



Paternoster School Parent Voice Group Meeting Minutes

January 16th 2024

Items	OUTCOMES/ACTIONS/DATES
Attendees: JS, WW, ME, MH, JF, PT, EW Apologies: KM, LH, JB, CT, ED, KD, FB, EA, TS, LS, EW.	
Agenda Items	
Welcome and Introductions	
1. Interventions	<p>Emma Ayres came in to talk to the group about interventions offered in school and explained the role of and ELSA (emotional literacy support assistant) Emma and Laura carry out interventions across the school when there is an identified theme that can be supported by them. This could be:</p> <ul style="list-style-type: none">• Emotional Awareness – helping our students to better understand their emotions, that how we feel can influence our thoughts and behaviours, and support them in finding coping strategies to help them when they're feeling those strong emotions.• Friendships and Relationships – helping our young people understand healthy/unhealthy relationships, mutual respect and consent, valuing ourselves and others• Anger and Anxiety – helping to identify triggers and finding coping mechanisms.• Self-esteem and Resilience – Supporting our young people to develop a positive sense of self and be able to better withstand and recover from difficulties.• Social Skills <p>There are other interventions offered across the school such as Fizz Whiz – this group focusses on fine and gross motor activities to improve co-ordination, strength and muscle control. Music intervention and Lego groups are accessed by a number of pupils to support physical and emotional development.</p> <p>Val Kennedy oversees and manages all interventions and monitor impact.</p>
2. OPAL	<p>The new play initiative was introduced to the group. OPAL is a programme that we have bought into that started with staff training and audits made of our play offerings. It will be developed into playtimes offering hands on play sessions with real world resources and “loose parts”.</p> <p>We have started collecting resources and will be reaching out to families and the local community for items such and buggies, suitcases, small electrical items, surplus building or plumbing supplies like guttering, large cable reels etc.</p> <p>With no prescribed method of play, items can be used entirely at the discretion of the child. Children can explore, create and imagine and assign their own purpose and meaning to the objects. This type of play is called 'loose parts'</p> <p>play.https://outdoorplayandlearning.org.uk/the-opal-primary-programme/</p>
3. Online Safety	<p>The group were told about the school's membership to the National Online Safety Subscription and shown how to search different apps, devices or games to find out potential hazards to children or in game purchases that could go unnoticed until there is a huge bill. Log ins for this very useful website will be sent out to families to have access to content.</p> <p>https://nationalcollege.com/categories/online-safety</p>

4. Parent Workshops	We asked for ideas of workshops we could run in school for parents in the school day. The continence nurse came in to talk with families in term 2 and this was really useful to those who attended. Suggestions: Mindfulness – Wellbeing, Positive touch, managing behaviours, OT, online safety, CAMHS. Communication resources for home, Makaton. Any further suggestions are most welcome.
5. FoPS	The role of FoPS was outlined to the PVG and the events that are currently being planned for the coming months. Family Valentines Disco on the 9 th of February and an adult only quiz night with bring your own drink on the 19 th of April. We talked about how parents can help out without committing to join the main body of FoPS and that all are welcome to join meetings with no pressure.
6. AOB	
Questions/areas raised from class representatives	Trips into the community for wheelchair users. Discussion about drop off routines – Drop off and collection at the end of the day are fairly swift. Reports of cars parking in places that make it dangerous to others crossing the road. It is tricky for some children who become distressed waiting in the transport queue.
Date and time of next meeting	TBC
Next meeting agenda items:	Attendance, Early Help